



Sustainability

Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family, Responsibility to Community, Humility, Health, Love, Community, Empowerment,

Meet this week's Tobacco Preventionist

Daniel L. Sanchez III

Daniel (Pueblo of Acoma) described himself as the one who used to despise cigarettes and the addicting habit of commercial tobacco. That is, until he became a smoker himself. In his twenties, Daniel worked in the casino industry where his constant exposure to secondhand smoke lured him into something he wouldn't have otherwise adopted: commercial cigarettes. Fast-forward 15 years when the price of a pack a day got too steep, Daniel succeeded in slowly weaning himself from the addiction. He credits exercise with the success of quitting, which helped curb the nicotine cravings. Daniel now lives commercial tobacco free and is passionate about promoting healthy lifestyles in his community. For the last two years, Daniel has been sharing his story and serving as an advocate for nicotine addiction and substance abuse.

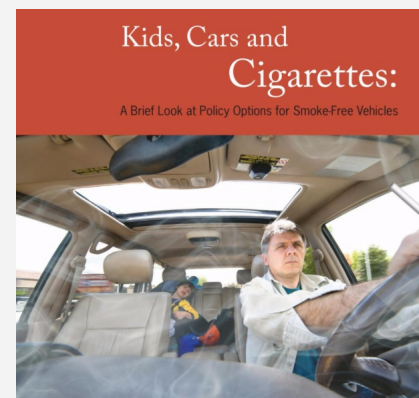


If you would like more information about presentations or to speak to Daniel, email him [here](#).

Smoke Free Spaces

Kids, Cars and Cigarettes: A brief look at policy options for smoke-free vehicles

This publication provides resources to help individual community members adopt smoke-free rules to support clean air in their homes and their cars. You can read the toolkit [here](#).



Event Calendar

What's going on in the community.

1st Annual SDHC Healthy Heart Diabetes Conference

April 28, 2017 at San Felipe Casino Showroom
9:00 AM to 3:00 PM

- Educational booths
- Educational presentations
- Awards for one-year participants
- FREE healthy lunch!
- Transportation will be provided



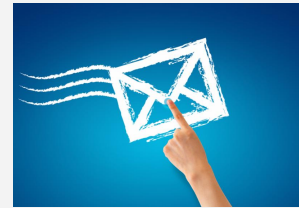
Sponsored by the Santo Domingo Healthy Heart Program.
For more information, please contact Ambrose Coriz or Devonna Spencer at 505-465-3060.

Click [here](#) to see the full event calendar. If you have an event in your area that you would like to add to our calendar, please share it with us [here](#).

What now?

Moving Forward.

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics, and successes.

Contact: **Allie Moore, Project Manager**
Keres Consulting, Inc.
5600 Wyoming Blvd. NE Suite 150
ABQ, NM 87109 | 505.837.2104

www.smokefreesignals.com
View an archive of past newsletters [here](#)
Sign up to receive future newsletters [here](#)