



Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

World No Tobacco Day 2019

Nationwide

TODAY We Celebrate World No Tobacco Day 2019!

The focus of this day is on "Tobacco and Lung Health". The campaign is to increase awareness on the negative impact that commercial tobacco has on people's lung health, from cancer to respiratory disease, and the role lungs play for the health and well-being of the population.

Advocate for your community by supporting local and nationwide policy changes that aim to reduce commercial tobacco consumption, especially amongst youth, and exposure to secondhand smoke.



To learn more about this campaign please [click here!](#)

Upcoming Community Events

Summer Nature Hikes for Native Youth

The First Nations Traditional Wellness Program, CDC, National Indian Youth Council & NB3 will be offering a summer hiking opportunity for all Native youth 7 -18 years old from May 31 - July 26, 2019. The hikes focus on prevention education, being active, social values, and cultural enrichment for youth.



National Indian Youth Council, Inc. and First Nations Community HealthSource
Hiking Youth on the Move 2019 Hiking Schedule

Hike Date	Hike Location	Registration Deadline	Hiking Group / Hike	Registration Fee / Cost	Information / Contact
May 31	Friday May 31 - Elbow Colliery Open Space Trails	May 27	First Nations, Tamaya	First Nations, Tamaya	First Nations, Tamaya
June 10	Friday June 7 - Kankwile Canyon	June 5	First Nations, Tamaya	First Nations, Tamaya	First Nations, Tamaya
June 17	Thursday June 13 - Elbow Colliery Open Space	June 8	First Nations, Tamaya	First Nations, Tamaya	First Nations, Tamaya
June 24	Friday June 14 - Kankwile Canyon	June 10	First Nations, Tamaya	First Nations, Tamaya	First Nations, Tamaya
July 1	Friday July 1 - Elbow Colliery Open Space	June 26	First Nations, Tamaya	First Nations, Tamaya	First Nations, Tamaya
July 8	Thursday July 4 - Kankwile Canyon	July 1	First Nations, Tamaya	First Nations, Tamaya	First Nations, Tamaya
July 15	Friday July 12 - Elbow Colliery Open Space	July 8	First Nations, Tamaya	First Nations, Tamaya	First Nations, Tamaya
July 22	Friday July 19 - Kankwile Canyon	July 15	First Nations, Tamaya	First Nations, Tamaya	First Nations, Tamaya
July 29	Friday July 26 - Elbow Colliery Open Space	July 22	First Nations, Tamaya	First Nations, Tamaya	First Nations, Tamaya

Who Can Attend:
Native youth ages 7-18, able to hike.
Cost to Participant: \$0
Register for a team of 10-15 youth on one hike.

How to Register:
Complete Registration Form (signed by parent/guardian) by the deadline.

What We Will Provide:
Hike:
Hike Maps
Hike Guide
Hike Kit

Benefits of Hiking:
Exercise
Improve overall fitness
Learn to
Develop the habit of daily physical activity

What to Bring:
Hike shoes, water, sunscreen
Sunscreen
Hike kit (provided)

First Nations Community HealthSource
Offer this service for youth during the summer. Your child's summer is our chance to get them active and healthy. We will be at the Elbow Colliery Open Space from 10am-5pm.

[Click here](#) for full summer hiking schedule

For more information:
[Lorenzo Jim](#) (505) 262-6533 or
[Shirley Jaramillo](#)

Pueblo of Santa Ana

The Pueblo of Santa Ana will be hosting a Pueblo Crossroads Run on Tuesday, June 4, 2019 at the Tamaya Wellness Center.



Onsite Registration: 6:00pm
Start Time: 6:45pm

For more information:
[Isaac Leon](#), (505) 771-6744 or
[Lance Ami](#)

Keres



Keres is hosting a **half-day training** in Albuquerque where **CHRs** and **CHWs** are eligible to **earn 3 CEUs**. The presentation include topics on commercial tobacco (secondhand and thirdhand smoke), Empowering Policy Change, and Emerging Tobacco Products (e-cigarettes, dissolvable tobacco, etc.).

Upcoming:
June 12 - Albuquerque (2700 San Pedro Dr. NE)

To register:
[Click here](#)

For more information:
[Jovian Henio](#), (505) 314-5520

Basic Tobacco Intervention Skills Certification for Native Communities Training

On **Thursday, June 13, 2019** from **8:00am - 5:00pm**, the Albuquerque Area Southwest Tribal Epidemiology Center (AASTE), University of Arizona HealthCare Partnership, and Health Service Health Promotion Disease Prevention will be



hosting a **Basic Tobacco Intervention Skills Certification** for **Native Communities Training** in **Albuquerque, NM**. This **free** training will be eligible for Continuing Education Unit as well.

To register contact:

[Delrae Peterson](#)

For more information:

Theresa Clay, (505) 256-6720 (Health Promotion Disease Prevention, IHS)

Janna Vallo, (505) 252-8509 (AASTEC Tobacco Coordinator)

Celebration Press Conference



Please join the Chronic Disease Prevention Council, the New Mexico Allied Council on Tobacco and partners for a **Celebration Press Conference** about the recent addition to the Dee Johnson Clean Indoor Air Act which prohibits the usage of e-cigarettes in areas that smoking is not allowed.

This will go into effect June 14, 2019 statewide.

Date: **Friday, June 14, 2019**

Time: **2:00pm**

Place: **Coronado Center Sephora Court**

(6600 Menaul NE, Albuquerque, NM 87110)

For more information:

[Laurel McCloskey](#)

What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

View an archive of past newsletters [here](#). Sign up to receive future newsletters [here](#).

Smoke Free Signals | 505-837-2104 | smokefreesignals@gmail.com | www.SmokeFreeSignals.com

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