

NEWSLETTER

SMOKE FREE SIGNALS

This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

Friday, January 26, 2022



MISSION AND CORE VALUES

TO PROVIDE COMMERCIAL TOBACCO SECONDHAND SMOKE AWARENESS AND RESOURCES TO NEW MEXICO TRIBAL COMMUNITIES, IMPROVING HEALTH OUTCOMES

WELCOME TO OUR BIWEEKLY NEWSLETTER

Smoke Free Signals would like to welcome you to our January biweekly newsletter. We strive to provide content about secondhand smoke prevention and free resources that will support your smoke-free and vape-free initiatives.

HIGHLIGHTS

2

Mass-Reach Health Communication Intervention Campaign

3

Opportunities

5

FREE Resources

Mass-Reach Health Communication Intervention Campaign

Smoke Free Signals is recruiting participants to serve as models and representatives from their respected Tribal communities and participate in a mass-reach health communication intervention campaign. The purpose of the campaign is to spread awareness about the sacred use of traditional tobacco as a protective factor and the danger of commercial tobacco use and secondhand smoke, while recognizing the cultural continuance of New Mexico Indigenous communities.

The image shows a digital form titled "SMOKE FREE SIGNALS MODEL APPLICATION". At the top, it says "Providing Secondhand Smoke Protections in Tribal Communities". Below the title, it states "Application Deadline: January 31, 2023". Contact information is provided: "Mail to: Keres Community Health, 2200 San Pedro Dr NE, Albuquerque, NM 87110" and "Email to: JConcho@keresnm.com". A section titled "MISSION AND CORE VALUES" includes the text: "TO PROMOTE COMMERCIAL TOBACCO SECONDHAND SMOKE AWARENESS AND RESOURCES TO NEW MEXICO TRIBAL COMMUNITIES IMPROVING HEALTH OUTCOMES". Below this, "Application Content:" is listed with a numbered grid: 2 Campaign Purpose, 3 Model Application Form, 4 Application Questionnaire, and 6 Photo/Media Release Form. At the bottom, it says "Smoke Free Signals | 505-837-2104 | www.SmokeFreeSignals.com".

Participation in the campaign will include a professional photography session, \$100 stipend reimbursement, travel reimbursement to and from the photoshoot location, traditional tobacco vs. commercial tobacco education packet, and snacks/water on day of photoshoot. Please note that photos taken during the photoshoot will be used on paid outreach media (i.e., posters, billboards, magazine ads, newspapers, etc.). [CLICK HERE](#) for application.

Please reach out to Josiah Concho for an application or questions at JConcho@keresnm.com.

Smoke Free Signals Tribal Health Program and Organization Highlight

Would you like to have your health program, department, organization, or services highlighted in the Smoke Free Signals' biweekly newsletter? Smoke Free Signals would like to share your updates, projects, and other initiatives with our listserv and networks. This opportunity will allow your organization to gain attention and allow other health programs to gain ideas, reach out for collaborations, and be inspired. Email Josiah at JConcho@keresnm.com to learn more about this highlight opportunity.

Opportunities

Advancing Core Advocacy Training in New Mexico Tribal Communities for New Advocates

REGISTER TODAY

February 14, 22, 28, 2023
9AM - 5PM (MDT) | Virtual

For more information: info@csvanw.org | (505) 243 - 9199

COALITION TO STOP VIOLENCE AGAINST NATIVE WOMEN

SAFETY IS A COMMUNITY RESPONSIBILITY

Join the Coalition to Stop Violence Against Native Women for a VIRTUAL training. This 40 Hour-Core Advocacy Training will provide domestic violence, sexual assault advocates and first responders with state certification across New Mexico and the Four Corners region. This three separate day training will help first responders and domestic violence advocates work together effectively in a time of crisis. [CLICK HERE](#) to register.

Basic Tobacco Intervention Skills Certification for Native Communities VIRTUAL Training

Tuesday – Thursday, February 21-23, 2023 @ 1:30 – 4:30 PM

Evidence-based interventions that encourage quitting and prevent youth smoking continue to be underutilized.
— *Report of the Surgeon General, 2014*

Be A Lifesaver!

Program: **Basic Tobacco Intervention Skills Certification for Native Communities**

Date: **February 21 - 23, 2023**

Time: **1:30 pm - 4:30 pm (MT), Each day**

Location: **Virtual Training**

Instructors: **Janna Vallo, Theresa Clay, Reiko Yazzie**

To register: **<http://db.aastec.net/attc/req.html>**

For information contact: **Reiko Yazzie at (505) 228-3514 or ryazzie@aahib.org**

NEW TIME

Join the Albuquerque Area Southwest Tribal Epidemiology Center and the Indian Health Service Health Albuquerque Area Promotion Disease Prevention for a tobacco intervention training. The training will be culturally tailored to distinguish between the use of traditional and commercial tobacco in Native American communities and emphasize evidence-based techniques to increase the rates of successful intervention and cessation. [CLICK HERE](#) to register and get more information.

Opportunities

NIHB National Tribal Health Conference

Monday - Friday, May 1 – 5, 2023



Join the [National Indian Health Board](#) for the 2023 National Tribal Health Conference in Anchorage, AK. The one week-long conference will showcase the interconnectedness of policy, advocacy, and Indian health and wellness best practices. In addition, the conference will offer educational workshops, hands-on trainings, focus areas with youth, elders, and veteran’s advocacy, and a cultural night. [CLICK HERE](#) to register and for more information.

Running Medicine January Through February Winter Schedule

Join [Native Health Initiative](#) for their Running Medicine Winter Season Program. The Running Medicine Program promotes a healthy mind, body, and spirit through running and exercise. The vision of the program is to create a culture of wellness through a supportive and loving community. [CLICK HERE](#) for more information.

- ◇ **Saturday, January 28** – 9 AM at Rio Grande Park
- ◇ **Wednesday, February 1** – 6 PM at ABQ Convention Center – Indoor Track
- ◇ **Saturday, February 4** – 9 AM at Los Duranes Community Center (2920 Leopoldo Rd NW)
- ◇ **Wednesday, February 8** – 6 PM at ABQ Convention Center – Indoor Track
- ◇ **Saturday, February 11** – 9 AM at Johnson Field (UNM Main-Campus)
- ◇ **Saturday, February 18** – 9 AM at Volcanos
- ◇ **Saturday, February 25** – 9 AM at Elena Gallegos Open Space (Pino Trail)

FREE Resources

FREE Window Decals

Everyone shares the same air. Why not share the Smoke-Free and Vape-Free cause with others! Keep your home and vehicle safe by letting others know that your home and vehicle are Smoke-Free and Vape-Free. Request your **FREE** window decal at SmokeFreeSignals@gmail.com



This is a
Smoke-Free and
Vape-Free Vehicle



This is a
Smoke-Free and
Vape-Free Home

Smoke Free Signals Education Videos

The Smoke Free Signals Secondhand Smoke and Tobacco Education Video Series is available on the Smoke Free Signals website. The videos can be shared with students, friends, and family, and community members. If you would like to request a USB-drive of all Secondhand Smoke and Tobacco Education videos, please email SmokeFreeSignals@gmail.com.

To watch Smoke Free Signals' Education Video visit:
<https://www.smokefreesignals.com/education-videos>

FOLLOW US ON SOCIAL MEDIA!



Stay active with Smoke Free Signals by following us on our Social Media platform! We keep our page current with the latest news, activities, and initiatives. We also share prevention tips and facts about the dangers of secondhand smoke. Stay up-to-date with Smoke Free Signals TODAY and follow us on Facebook **@Smoke Free Signals!**

If you would like to unsubscribe from the Smoke Free Signals' biweekly newsletter, please email JConcho@keresnm.com to be removed from the listserv directory.