

N SMOKE FREE SIGNALS NEWSLETTER

This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

Friday, June 11, 2021



MISSION AND CORE VALUES

TO PROVIDE COMMERCIAL TOBACCO SECONDHAND SMOKE AWARENESS AND RESOURCES TO NEW MEXICO TRIBAL COMMUNITIES, IMPROVING HEALTH OUTCOMES

WELCOME TO OUR BIMONTHLY NEWSLETTER

Smoke Free Signals would like to welcome you to our June bimonthly newsletter. We strive to provide content about secondhand smoke prevention and free resources that will support your smoke-free and vape-free initiatives.

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Tobacco Use in the
LGBTQ+ Community

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Would You Like Tribal Casinos
To Remain Smokefree?

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FREE RESOURCES!

Tobacco Use in the LGBTQ+ Community

In the United States there are roughly 480,000 deaths each year, as a result of smoking cigarettes. For certain populations, there are people who are most likely to smoke more than others. Individuals who are part of the LGBTQ+ community are at risk for engaging in tobacco use. According to the National Health Information Survey, nearly 20 percent of members of the LGBTQ+ community reported being current cigarette smokers. In comparison, 14 percent of individuals who are not part of the LGBTQ+ population are smokers. Overall, LGBTQ+ community members are nearly twice as likely to use tobacco products than non-LGBTQ+ members. It's important for LGBTQ+ community members to live a nicotine- and vape-free life.

[CLICK HERE](#) for additional resources.



For more information visit:

<https://www.fda.gov/tobacco-products/health-information/tobacco-use-lgbt-community-public-health-issue>

Would You Like Tribal Casinos To Remain Smokefree?

Over the past several days, dozens of Tribal casinos across the United States have begun rolling back COVID-19 restrictions, including long-awaited smokefree indoor air ordinances. The *American Nonsmokers' Rights Foundation (ANR)* is urging the National Congress of American Indians to make an immediate statement in support of smokefree air so that additional Tribal casinos will not revert back to allowing smoking on the gaming floors or in hotels. Show your support to keep Tribal casinos smokefree by signing the ANR petition below.

[SIGN PETITION NOW](#)

To learn more about the benefits of opening 100% smokefree, [CLICK HERE](#).



For more information about Smokefree Casinos visit:
<https://smokefreecasinos.org>

Smoke Free Signals | 505-837-2104 | www.SmokeFreeSignals.com

FREE Resources

HIGHLIGHT: Smoke Free Signals Education Videos

The nineteenth video of the Secondhand Smoke and Tobacco Education Video Series, *How Can You Use Policy To Protect Loved Ones?* It will be published TODAY on the Smoke Free Signals website and Facebook page. Stay tuned every Friday, as a new video will be released for your learning and enjoyment experience.

The educational video series can be viewed on the Smoke Free Signals [WEBSITE](#) or Facebook Page [@SmokeFreeSignals](#).



To watch Smoke Free Signals' Education Video visit:
<https://www.smokefreesignals.com/education-videos>

UPCOMING WEBINARS

NIHB Commercial Tobacco Community Learning Webinar Series: Centering Tribal Community Voice Within Tobacco Strategic Policy Development

WHEN: Wednesday, June 16, 2021 (3:00 PM Eastern Time)

National Indian
Health Board



In partnership with Keres Community Health, the National Indian Health Board (NIHB) will be hosting a Commercial Tobacco Cessation Community Learning Webinar Series that highlights tobacco cessation in Indian Country. Topics will include Tribal efforts to make gaming facilities smoke-free, tobacco cessation with youth, policy development, and more. This upcoming webinar will include discussion of existing policies and strategic policy development within tribal communities. [CLICK HERE](#) to register.

Humor Healing

WHEN: Wednesday, June 23, 2021 (10:30 AM - 12:00 PM Mountain Time)



A virtual event featuring James Junes, a motivational speaker/comedian who will talk on 'Humor Healing' and why he believes, "We can make each other better by sharing what we have endured. I call my presentations 'Humor-Healing', because I want to inspire a lifestyle of wellness and good health." [CLICK HERE](#) to register.

Commercial and Traditional Tobacco Training for Native American Communities

Training Date: Tuesday, June 22, 2021 , 1:00 - 4:00 PM MST

This virtual tobacco training is available for New Mexico Native American communities who are interested in discussion around commercial tobacco prevention, smokefree spaces, and traditional tobacco. Additionally, material will be available for Community Health Workers, Community Health Representatives, and tobacco preventionists that can be used in your tribal community.

Upon Completion Of This Training, Participants Will Be Able To:

1. Differentiate between commercial tobacco and traditional tobacco.
2. Understand the use of ceremonial tobacco in tribal communities.
3. Recognize how smokefree spaces contribute to overall health.
4. Identify available resources for quitting commercial tobacco.

**[CLICK HERE
TO REGISTER](#)**

** Zoom information will be sent to all registrants before the event.*



Commercial Tobacco Training
for Native American Communities

Tuesday, June 22, 2021, 1PM-4PM MST

Add Your Details

*First Name *Last Name

*Email

*Organization

*Job Title

Tribal Affiliation

Commercial and Traditional Tobacco Training

Jun 22, 1:00 PM - 4:00 PM MDT
Zoom

For more information and to register visit:

<https://keresnm.wixsite.com/kchtobacco>

FREE Window Decals

Everyone shares the same air. Why not share the Smoke-Free and Vape-Free cause with others! Keep your home and vehicle safe by letting others know that your home and vehicle are Smoke-Free and Vape-Free. Request your **FREE** window decal at SmokeFreeSignals@gmail.com



**This is a
Smoke-Free and
Vape-Free Vehicle**



**This is a
Smoke-Free and
Vape-Free Home**

FOLLOW US ON SOCIAL MEDIA!



Stay active with Smoke Free Signals by following us on our Social Media platform! We keep our page current with the latest news, activities, and initiatives. We also share prevention tips and facts about the dangers of secondhand smoke. Stay up-to-date with Smoke Free Signals TODAY and follow us on Facebook [**@Smoke Free Signals!**](#)

If you would like to unsubscribe from the Smoke Free Signals' bimonthly newsletter, please email JConcho@keresnm.com to be removed from the listserv directory.

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