Providing Secondhand Smoke Protections in Tribal Communities

SMOKE FREE SIGNALS EWSLETTER

This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

Friday, July 8, 2022



MISSION AND CORE VALUES

TO PROVIDE COMMERCIAL TOBACCO SECONDHAND SMOKE AWARENESS AND RESOURCES TO NEW MEXICO TRIBAL COMMUNITES, IMPROVING HEALTH OUTCOMES

WELCOME TO OUR BIWEEKLY NEWSLETTER

HIGHLIGHTS

TAKE ACTION: Host A Cleanup

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Smoke Free Signals Traditional Tobacco Education and Awareness Initiative

Smoke Free Signals would like to welcome you to our July biweekly newsletter. We strive to provide content about secondhand smoke prevention and free resources that will support your smoke-free and vape-free initiatives.

Upcoming Opportunities

Smoke Free Signals | 505-837-2104 | www.SmokeFreeSignals.com

July Biweekly Newsletter

TAKE ACTION: Host A Cleanup

Did you know that there are millions of cigarette butts that are thrown out on sidewalks, parks, benches, and other public places. In addition, there are 27 million pounds of pesticides used and millions of trees that are chopped down to grow tobacco. If you think about it, that is over one billion pounds of waste!

Make change in your community and join <u>Truth Initiative</u> to do a cleanup of commercial tobacco waste. This will include cigarette butts and electronic cigarette waste. Begin today, by requesting a cleanup kit by clicking <u>HERE</u>. This toolkit will include: 5 ziploc style bags, 5 pairs of disposable gloves, and an instruction card. If you would like more supplies, email <u>activism@thetruth.com</u> for your event.

Remember, you don't need to organize a group to make an impact in your community. You can pick up trash and tobacco waste anytime!



Smoke Free Signals Traditional Tobacco Education and Awareness Initiative

Smoke Free Signals would like to announce the launch of the Smoke Free Signals Traditional Tobacco Education and Awareness Intiative. The Smoke Free Signals program developed numerous tribally focused designs and imagery that are aimed in an ongoing effort to share awareness of the sacred use of traditional tobacco and the harms of commercial tobacco. The third series of designs will be printed on items like stickers. The items will be shared with tribal community health representatives, school health programs, and other tribal health programs.



If your health organization or program is interested in a sample kit, request and email Josiah Concho at JConcho@keresnm.com.

Upcoming Opportunities

Nicotine Dependence Treatment Continuing Education & Certification Program - July 19, 20, & 21 or September 13, 14, & 15



The Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC) and Indian Health Service Health Albuquerque Area Promotion Disease Prevention invites you to be part of the Basic Tobacco Intervention Skills Certification for Native Communities (BTIS) 2022 VIRTUAL Training! The training session will allow to distinguish between the use of traditional and commercial tobacco in Native American communities and emphasize evidence-based techniques to increase rates of successful interventions resulting in the cessation of commercial tobacco use. <u>CLICK HERE</u> to register.

Truth Initiative Tobacco/Vape-Free College Program Deadline To Apply: Wednesday, October 12, 2022 @ 5:00 PM



The Truth Initiative Tobacco/Vape-Free College Program is offering grants up to \$20,000 to universities and colleges to support an adoption and implementation of a 100% commercial tobacco-free policy. Grantees will receive guidance from webinars, an in-person training, and one-on-one consultations throughout the course of the grant. <u>CLICK HERE</u> to review full details about the program. For more information, register for an upcoming informational webinar on July 19 or August 18 at 3:00 PM ET. <u>CLICK HERE</u> to register..

FREE Resources

FREE Window Decals

Everyone shares the same air. Why not share the Smoke-Free and Vape-Free cause with others! Keep your home and vehicle safe by letting others know that your home and vehicle are Smoke-Free and Vape-Free. Request your **FREE** window decal at **SmokeFreeSignals@gmail.com**



This is a Smoke-Free and Vape-Free Vehicle



This is a Smoke-Free and Vape-Free Home

Smoke Free Signals Education Videos

The Smoke Free Signals Secondhand Smoke and Tobacco Education Video Series is available on the Smoke Free Signals website. The videos can be shared with students, friends, and family, and community members. If you would like to request a USB-drive of all Secondhand Smoke and Tobacco Education videos, please email SmokeFreeSignals@gmail.com.

To watch Smoke Free Signals' Education Video visit: https://www.smokefreesignals.com/education-videos

FOLLOW US ON SOCIAL MEDIA!



Stay active with Smoke Free Signals by following us on our Social Media platform! We keep our page current with the latest news, activities, and initiatives. We also share prevention tips and facts about the dangers of secondhand smoke. Stay up-to-date with Smoke Free Signals TODAY and follow us on Facebook **@Smoke Free Signals**!

If you would like to unsubscribe from the Smoke Free Signals' biweekly newsletter, please email <u>JConcho@keresnm.com</u> to be removed from the listserv directory.