March 18, 2019



# Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

## **Community Success**

Go RED for Women Event - Pueblo of Laguna

On Thursday, February 14, 2019, Pueblo of Laguna hosted the Go RED for Women Event. This event was in celebration and awareness of hearth health among Native women. The Pueblo of Laguna (PoL) Community Health & Wellness Department provided local residents with an array of educational topics, a digital story, healthy lunch, meditation, and the opportunity to visit booths for health screenings and resources.

Here, community members learned more information about Domestic Violence along with how to seek help from PoL social services workers. In addition, Keres Outreach Coordinator, Jovian Henio, educated attendees with information on the the difference between traditional and commercial tobacco, harmful effects of commercial tobacco, and secondhand/ thirdhand smoke.

Pueblo of Laguna held a very beneficial and resourceful event for their community members!



## **Community Health Leadership Success**

Eric Laate (Zuni Pueblo), Southwestern Indian Polytechnic Institute Senior

On **Wednesday, March 13, 2019**, Community Health Leader **Eric Laate** presented to the **Southwestern Indian Polytechnic Institute** (SIPI) students. He educated the class about the dangers of commercial tobacco, secondhand smoke, and emerging tobacco products. Eric also emphasized the importance of SIPI becoming a tobacco free campus. Overall Eric did a great job and we commend his advocacy skills. Awesome work!







(left to right: Tee Benally, Eric Laate, Kyle Smith)

#### **Event Calendar**

# 3rd Annual Youth Summit "Little Signs that Matter, Prevent Suicide"

The Kewa Family Center will be hosting its 3rd Annual Youth Summit on Saturday, March 16, 2019 at the El Dorado Hotel in Santa Fe, NM.

For more information please contact: <u>Marsha Lovato</u> (Prevention Specialist)

## 2019 Pueblo of Pojoaque Community Health Fair

The Pueblo of Pojoaque and HUB International will be hosting the Pueblo of Pojoaque Community Health Fair on Wednesday, March 20, 2019 from 9:00am - 2:00pm at the Buffalo Thunder Resort & Casino.

For more information please contact: <u>Sue Mitchell (Benefits Specialist)</u>

# Tribal Injury Prevention Coalition and Pedestrian Safety Workshop

The Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC) will be hosting a **Tribal Injury Prevention Coalition** and Pedestrian Safety Workshop on March 22, 2019 from 10:00am - 3:00pm at the CNM Workforce Training Center







(5600 Eagle Rock Ave NE). The focus of this workshop is to provide tools to community members and health advocates to promote safe walkable communities.

For more information please contact: <u>Jerrod Moore</u> (Tribal Injury Prevention Program Manager)

### **Endurance Jemez 2019**

The Walatowa Fitness Center will be hosting their Endurance Jemez Marathon, Half marathon, 10K, and 5K Run on Saturday, March 30, 2019 in Jemez Pueblo (145 Bearhead Canyon Rd).



For more information please contact: <u>Jemez Public Health</u> Registration

#### What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

View an archive of past newsletters here. Sign up to receive future newsletters here.

Smoke Free Signals | 505-837-2104 | smokefreesignals@gmail.com| www.SmokeFreeSignals.com

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