

SMOKE FREE SIGNALS NEWSLETTER

This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

Friday, March 4, 2022



MISSION AND CORE VALUES

TO PROVIDE COMMERCIAL TOBACCO SECONDHAND SMOKE AWARENESS AND RESOURCES TO NEW MEXICO TRIBAL COMMUNITIES, IMPROVING HEALTH OUTCOMES

WELCOME TO OUR BIWEEKLY NEWSLETTER

Smoke Free Signals would like to welcome you to our March biweekly newsletter. We strive to provide content about secondhand smoke prevention and free resources that will support your smoke-free and vape-free initiatives.

HIGHLIGHTS

2 Commercial Tobacco and the Environment

3 Upcoming Events

4 **FREE RESOURCES!**

Commercial Tobacco and the Environment

Did you know that cigarette butts comprise about 30%-40% of items collected in annual coastal and urban cleanups? Cigarette butts are often disposed by the user by tossing them in the streets, sidewalks, public places, parks, etc. In most cases butts will be carried off by runoff or by natural weather patterns, which ultimately pollutes rivers, beaches, oceans, and the environment. Due to the complex design of plastic filters in cigarette butts, they are not biodegradable.

In addition to the pollution problem, cigarettes aren't the only tobacco product damaging the environment. With the increased sales of e-cigarettes in the past decade, there has also been tons of e-cigarette waste. When e-cigarettes are thrown in the streets or not disposed of properly, these products eventually break down into microplastics and toxic chemicals. As a result, waterways and wildlife are impacted and the broken pieces become a hazardous waste.

It's essential that the tobacco industry remains accountable for the hundreds of thousands of pounds of cigarette and e-cigarette waste each year, and that people who smoke and vape dispose of their products appropriately. Also, it's important to remember that cigarette and e-cigarette waste is a serious threat to the environment and requires a long-term solution.



For more information visit:

<https://truthinitiative.org/research-resources/harmful-effects-tobacco/tobacco-and-environment>

Smoke Free Signals Initiatives



This year, Smoke Free Signals (SFS) will be attending and presenting at the 2022 National Tribal Tobacco Conference in Minneapolis, MN! In correlation to this year's conference tracks, SFS Outreach Coordinator, Anthony Saavedra, will be presenting on the significance of secondhand smoke protections in homes and vehicles. Anthony will be presenting to AI/AN community leaders, community members, healthcare providers, medical researchers, and students interested in public health and tobacco prevention/cessation.

Upcoming Events

Webinar: Smoke-Free Tribal Housing Policies - **Wednesday, March 30, 2022**



The National Native Network with the Indian Health Service Clinical Support Center will be hosting a webinar that will speak on the topics of smokefree policies in tribal housing. The objectives of the webinar, include: identifying the risks of smoking in multi-unit tribal housing and benefits of going smokefree, examining policy options to consider when adopting a smokefree tribal housing policy, and locating helpful resources for smokefree multi-unit tribal housing community awareness campaigns. [CLICK HERE](#) to register.

National Tribal Tobacco Conference: Reclaiming and Restoring Traditional Tobacco in Today's World - **May 16-17, 2022**

NATIONAL TRIBAL
TOBACCO CONFERENCE



The National Tribal Tobacco Conference will take place physically and virtually at the University of Minnesota in Minneapolis, MN. This conference will address the traditional uses of tobacco and commercial tobacco impact in American Indian and Alaska Native (AI/AN) communities across the United States. Additionally, the conference will emphasize AI/AN persons returning to a healthy relationship with tobacco, the importance of creating health equity, and provide an opportunity for networking and collaboration. [CLICK HERE](#) to register.

FREE Resources

FREE Window Decals

Everyone shares the same air. Why not share the Smoke-Free and Vape-Free cause with others! Keep your home and vehicle safe by letting others know that your home and vehicle are Smoke-Free and Vape-Free. Request your **FREE** window decal at SmokeFreeSignals@gmail.com



This is a
Smoke-Free and
Vape-Free Vehicle



This is a
Smoke-Free and
Vape-Free Home

Smoke Free Signals Education Videos

The Smoke Free Signals Secondhand Smoke and Tobacco Education Video Series is available on the Smoke Free Signals website. The videos can be shared with students, friends, and family, and community members. If you would like to request a USB-drive of all Secondhand Smoke and Tobacco Education videos, please email SmokeFreeSignals@gmail.com.

To watch Smoke Free Signals' Education Video visit:
<https://www.smokefreesignals.com/education-videos>

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Stay active with Smoke Free Signals by following us on our Social Media platform! We keep our page current with the latest news, activities, and initiatives. We also share prevention tips and facts about the dangers of secondhand smoke. Stay up-to-date with Smoke Free Signals TODAY and follow us on Facebook **@Smoke Free Signals!**

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