



## Secondhand Smoke Protections in Tribal Communities

### Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

## Update: Tobacco Control In NM Tribal Communities

### IHS and AASTEC

Both Indian Health Service Health Promotion Disease Prevention (IHS HPDP) and Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC) have kept busy this past fiscal year. Smoke Free Signals spoke with Theresa Clay of IHS and Janna Vallo from AASTEC.



Together, Theresa and Janna have trained 40 people in the last year for the Basic Tobacco Intervention Skills in Tribal Communities (BTIS). This training is culturally tailored to distinguish between the use of traditional and commercial tobacco in Native American communities and emphasize evidence-based techniques to increase the rates of successful interventions resulting in the cessation of commercial tobacco use.

The duo also offers an instructor training where attendees can learn to be BTIS trainers themselves and extend the reach of commercial tobacco intervention statewide. Upcoming trainings include:

- January 16, 2019 - BTIS for veterans
- March 5, 2019 - BTIS
- March 6, 2019 - Instructor training for BTIS
  - All trainings are from 8 am to 5 pm at Albuquerque Area Indian Health Board, 7001 Prospect Place NE, Albuquerque, NM 87110.

Are you looking for more opportunities to get involved and grow your tobacco control knowledge? Consider attending the next Southwest Tribal Tobacco Coalition meeting on February 20-21 in Santa Fe, NM. [Email](#) for more details.

## Tobacco in the News

### FDA plans curbs on e-cigarette sales over concerns about surge in teen vaping

The [Food and Drug Administration](#) is planning to crack down on sales of flavored e-cigarette products, claiming they are highly addictive and have become hugely popular with minors. The FDA said it could take action as soon as next week.



In September, the FDA set a 60-day deadline for several major e-cigarette companies to prove they could keep these e-cigarettes away from kids. One of those companies, Juul, holds more than 70 percent of the e-cigarette market share overall, and has become overwhelmingly popular with minors.

Experts say these flavored products, like mango and fruit, particularly appeal to young people. Now, FDA Commissioner

Scott Gottlieb **plans to ban sales of most flavored e-cigarettes in two places: convenience stores and gas stations.**

The restriction would reportedly not apply to mint flavors because menthol cigarettes are sold. He's also considering online restrictions, including having age-verification requirements for those sales.

Advocacy groups looking to protect teens said that they are pleased to see what they call "first steps" from the FDA, but also pointed out that this move will not affect mint flavor, at least for now, and they worry kids may just switch over to that

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## Event Calendar

### Move Your Feeties For Diabetes: 5k Wellness Run/Walk



Join us for Diabetes Awareness Month

Saturday, November 17th

Location: Netherwood Park - 2613 Morrow Road, Albuquerque, NM

This is a **FREE** community event. Participants will receive a race t-shirt at check-in (first come basis) and light snacks. Please share with friends and family.

Questions may be directed to Tee Benally - FNCH Diabetes Department at [tea.benally@fnch.org](mailto:tea.benally@fnch.org) or 505-262-6529.

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## What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!



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*This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.*

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View an archive of past newsletters [here](#). Sign up to receive future newsletters [here](#).

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