

Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family, Responsibility to Community, Humility, Health, Love, Community, Empowerment,

Meet this Week's Tobacco Coalition

The Southwest Tribal Tobacco Coalition

The Southwest Tribal Tobacco Coalition is a coalition that brings together tribal communities in the southwest to share and learn about traditional and commercial tobacco.



The mission of the Southwest Tribal Tobacco Coalition (STTC) is to acknowledge and collaborate with tribal communities in honoring

and respecting the sacred use of tobacco by educating people about differences between traditional and commercial tobacco and its use.

Participation in STTC provides participants the opportunity for trainings, a place to network, collaborate, distribute resources, announce funding opportunities, celebrate successes and problem-solve challenges that may arise when educating on commercial tobacco in tribal communities. The STTC also provides communities working to ensure the continuation of traditional/sacred tobacco a place to share challenges, success, and innovative approaches.

The coalition is open to all. We encourage support from our ally groups who are also addressing the harms caused by commercial tobacco. Our next meeting is scheduled for February 21, 2017 in Santa Fe, NM.

If you would like more information about the Coalition or would like to attend a meeting, please join the list serve, by contacting Janna Vallo at <u>emailsttc@gmail.com</u>.

Tobacco Cessation Resource

New Mexico Tobacco-Free Schools Toolkit

Tobacco-free schools provide the best learning and social environment for students and a healthier environment for everyone. This PDF provides a school self-assessment, sample MOU, best practices in tobacco-free school policies, model policy, communication examples, and compliance and enforcement information.



Tobacco in the News

U.S. Surgeon General releases e-cigarette report

On December 8, 2016, the U.S. Surgeon General, Vivek H. Murthy, released a report titled <u>*E-Cigarette Use Among Youth and Young Adults: A Report of the Surgeon General.*</u> This is the first report to be issued by the federal government that comprehensively reviews the public health issue of e-cigarettes and the impact of these products on young people. The report focuses on the history, epidemiology, and health effects of e-cigarette use among youth and young adults; and existing and proposed public health policies regarding the use of these products by youth and young adults.

In addition to a comprehensive summary of the existing scientific evidence, the report ends with a *Call to Action*, which presents six goals and related strategies to guide efforts to reduce e-cigarette use among young people. To achieve these goals, the report notes that we must work together - including individuals and families; civic and community leaders; public health and health care professionals; e-cigarette manufacturers and retailers; voluntary health agencies; researchers; and other stakeholders - to better understand e-cigarettes and their health consequences for young adults.

<u>Click here</u> to read an Executive Summary of the report, summarizing major content, including overall and chapter specific conclusions.

<u>Click here</u> to read a fact sheet presenting an overview of the key findings and messages from the report in an at-a-glance format.

Event Calendar

What's going on in the community.



Tired of old outfits? Have clothes you don't want? Want new clothes? People experiencing poverty in the Albuquerque community need your help!

The Homeless Outreach Program (HOP) at First Nations Community Healthsource is seeking winter clothing donations to help those in need.

When: Present - December 31, 2016 (New Years Eve)

How: Collect new or gently used clothing items listed and drop them off at First Nations -HOP, 5608 Zuni Rd. SE, Albuquerque, NM 87108. Drop off Hours: Monday-Friday 8AM to 6PM, Sat 9AM to 12PM. All ages and sizes accepted. First Nations can pick up donations too. Just call <u>Michael Sam</u> at (505) 262-2481.

Sample donation items:

Blankets	Coats	Sweaters	Boots	Sneakers	Pants
Socks	Gloves	Hats	Scarves	Shirts	Sleeping bags

Click <u>here</u> to see the full event calendar. If you have an event in your area that you would like to add to our calendar, please share it with us <u>here.</u>

What now?

Moving Forward.

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics, and successes.

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