# SMOKE FREE SIGNALS ENASLE ETTER

This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

Friday, August 19, 2022



#### MISSION AND CORE VALUES

TO PROVIDE COMMERCIAL TOBACCO SECONDHAND SMOKE AWARENESS AND RESOURCES TO NEW MEXICO TRIBAL COMMUNITES, IMPROVING HEALTH OUTCOMES

## WELCOME TO OUR BIWEEKLY NEWSLETTER

Smoke Free Signals would like to welcome you to our August biweekly newsletter. We strive to provide content about secondhand smoke prevention and free resources that will support your smoke-free and vape-free initiatives.

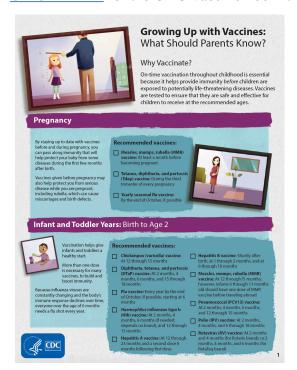
#### HIGHLIGHTS

- Protect Your Child: National Immunization Awareness Month
- Smoke Free Signals
  Traditional Tobacco Education and
  Awareness Initiative
- 4 Upcoming Opportunities

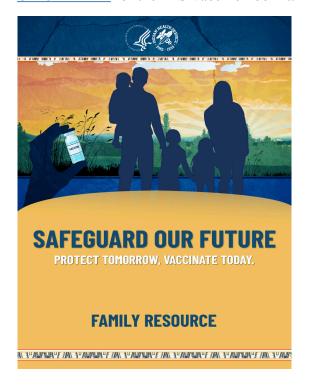
### Protect Your Child: National Immunization Awareness Month

Did you know that August is National Immunization Awareness Month? This annual observance was established to recognize the importance of getting recommended vaccines. This includes vaccines for children, adults, and the elderly. The COVID-19 pandemic has impacted tribal communities in many ways, including canceled medical appointments and routine vaccines. With eased COVID-19 restrictions, it's important that children receive their appropriate vaccinations before heading back to school. Getting routine vaccinations before school starts will keep children, teachers, and staff safe from different diseases like chickenpox, tetanus, flu, measles, rotavirus, polio, etc. In addition, it's essential to talk to your doctor, nurse, or health care provider to ensure you and family are protected against serious diseases, including COVID-19.

CLICK HERE for the CDC Vaccine Toolkit



CLICK HERE for the IHS Vaccine Toolkit.



For more information visit:

https://www.ihs.gov/newsroom/announcements/2022-announcements/national-immunization-awareness-month/

## Smoke Free Signals Traditional Tobacco Education and Awareness Initiative

Smoke Free Signals would like to announce the launch of the Smoke Free Signals Traditional Tobacco Education and Awareness Intiative. The Smoke Free Signals program developed numerous tribally focused posters that are aimed in an ongoing effort to share awareness of the sacred use of traditional tobacco and the harms of commercial tobacco. The designs have been printed on items like stickers, notebooks, scarves and posters. The items will be shared with tribal community health representatives, school programs, tribal health programs, and tribal organizations.







If your tribal health organization, program, or school is interested in requesting posters please email Josiah Concho at <a href="JConcho@keresnm.com">JConcho@keresnm.com</a>.

## **Upcoming Opportunities**

Pueblo of Santa Ana: 21st Annual Environmental & Health Fair Saturday, August 27, 2022 @ 10:00 AM - 2:00 PM



The Pueblo of Santa Ana Department of Natural Resources & Social Services will be hosting the 21st Annual Environmental & Health Fair on Saturday, August 27, 2022. This outdoor event will allow the public to increase their environmental and health awareness, build partnerships, enhance environmental stewardship, and promote career paths. Your organization is invited to display your work, build partnerships, and enhance stewardship across tribal lands. CLICK HERE to register.

#### Indian Health Service Health Education Program: Let's Talk: Leading Through Community Conversations

Wednesday, September 14, 2022 @ 11:00 AM - 1:00 PM



The Indian Health Service Health Education Program will be hosting the Let's Talk: Leading Through Community Conversations on Wednesday, September 14, 2022. This interactive training will focus on the Seven Core Principles of the Science of the Positive norm to effectively "hear and steer" in individual's personal and professional lives. The training's learning objectives include, understanding the impact of community affirmations and skillfully responding to those who are skeptical of their prevention efforts. CLICK HERE to register.

## FREE Resources

#### **FREE Window Decals**

Everyone shares the same air. Why not share the Smoke-Free and Vape-Free cause with others! Keep your home and vehicle safe by letting others know that your home and vehicle are Smoke-Free and Vape-Free. Request your **FREE** window decal at **SmokeFreeSignals@gmail.com** 



This is a Smoke-Free and Vape-Free Vehicle



This is a Smoke-Free and Vape-Free Home

## **Smoke Free Signals Education Videos**

The Smoke Free Signals Secondhand Smoke and Tobacco Education Video Series is available on the Smoke Free Signals website. The videos can be shared with students, friends, and family, and community members. If you would like to request a USB-drive of all Secondhand Smoke and Tobacco Education videos, please email SmokeFreeSignals@gmail.com.

To watch Smoke Free Signals' Education Video visit: https://www.smokefreesignals.com/education-videos

#### FOLLOW US ON SOCIAL MEDIA!



Stay active with Smoke Free Signals by following us on our Social Media platform! We keep our page current with the latest news, activities, and initiatives. We also share prevention tips and facts about the dangers of secondhand smoke. Stay up-to-date with Smoke Free Signals TODAY and follow us on Facebook @Smoke Free Signals!

If you would like to unsubscribe from the Smoke Free Signals' biweekly newsletter, please email <u>JConcho@keresnm.com</u> to be removed from the listserv directory.