



Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

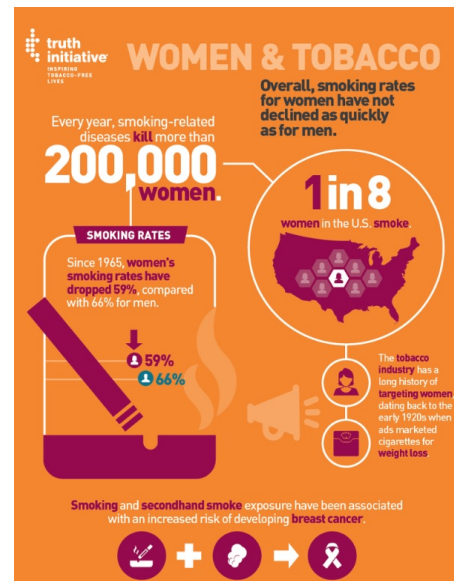
Who is Big Tobacco Targeting?

Women & Tobacco

History proves that the tobacco industry has targeted women and continues to do so with advertising themes centered around weight loss, sex appeal, independence, and being trendy. Truth Initiative states, by the 1960s tobacco companies began capitalizing on the growing women's movement with catchy slogans like "it's a woman thing, and you've come a long way, baby."

Are you or your loved ones being targeted?

For more information please [click here](#)



Community Health Leadership Program



Pueblo of Acoma Behavioral Health Services & Office of Taxation and Assessments - Outstanding Community Champions Award, Secondhand Smoke Protections, 2019 (New Mexico Allied Council on Tobacco Conference)

The Community Health Leadership Program (CHLP) is **seeking interested health professionals, community members, and students to apply for this exciting opportunity!** With guidance from the Smoke Free Signals Project mentors, Community Health Leaders (CHL) will be able to **design and implement a policy action plan tailored to their community/ organization, with the ultimate goal of creating healthy spaces free from secondhand smoke and secondhand aerosol.**

BENEFITS of being a CHL:

- Earn \$2,500 stipend towards milestones achieved
- Gain:
 - Community health advocacy skills
 - Resume building/ Letters of Recommendations
 - Opportunity to help New Mexico Native communities

DEADLINE TO APPLY: Friday, October 4, 2019

[Apply Here!](#)

Upcoming Events

Running Medicine Fall 2019 Season

Native Health Initiative's Running Medicine has begun their Fall 2019 Season. They welcome all fitness levels and ages to engage in 10 weeks of fun and fitness!

When: Mon - Thur (times and locations vary)

Cost: \$15/ person for the season (includes RM shirt and free races)

For more information please [click here](#)

FALL 2019 SEASON

10 WEEKS OF FUN AND FITNESS!
AUGUST 24TH - NOVEMBER 2ND

WHEN/WHERE:

- Mon - North Domingo Race Multigenerational Center @ 6:00pm
- Tues/Thurs - Westside/Rio Rancho @ 5:45pm
- Thurs - Alameda Open Space
- Tues/Thurs - Downtown A&D (UNM North Golf Course) @ 5:45pm
- Saturday morning at various locations

WHO:

- All ages and fitness levels welcome. We have walkers and runners of all ages and speeds.

YOUTH CROSS COUNTRY:

- We will compete as a USATF club this fall, and expect to have 50+ youth runners.

COST:

- \$15/person for the season includes an RM shirt and free races.

FOR MORE INFORMATION:

- Visit our Facebook page
- Visit our website: runningmedicine.org
- Email us: runningmedicine@gmail.com

Running Medicine is based on the understanding that running and exercise is a powerful and proven medicine for many body and mind ailments. Our program is the most inclusive and joyful way to create a culture of wellness through a variety of healthy community events.

Native Health Initiative

Pueblo of Pojoaque 2nd Annual Celebrate A Culture of Healing

The Pueblo of Pojoaque will be hosting their **2nd Annual Celebrate A Culture of Healing Recovery Community Day** on **Saturday, September 28, 2019** from 10:00am - 2:00pm at the POEH Cultural Center (78 Cities of Gold Rd, Pojoaque, NM 87506)



For more information please [click here](#)

Zuni Teen Health & Family Wellness Center **"2019 Walk for Life" Awareness Fair/ Walk**

The Zuni Teen Health & Family Wellness Center, in observance of National Suicide Prevention Awareness Month, will be hosting their **2019 Walk for Life Awareness Fair/ Walk** on **Monday, September 30, 2019** from 3:00pm - 6:00pm at the Zuni Wellness Center Gym.



For more information please contact:

Zuni Family Health & Family Wellness Center (505) 782-5719/2717

Upcoming Webinars

Keep It Sacred **Community Outreach and Patient Empowerment Program** **Diabetes in Pregnancy Public Health Nutritionist**

Webinar

The National Native Network at the Inter-Tribal Council of Michigan, in conjunction with the Indian Health Service Health Promotion and Disease Prevention, will be hosting a **webinar** on **Food is Medicine: Clinic-led Food Security Initiatives in Navajo Nation** on **Wednesday, October 2, 2019**, from 3:00pm - 4:00pm (EDT).



To register [click here](#)

What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

STAY CONNECTED:

