May 16, 2019



Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

NM ACTion Conference

Albuquerque, New Mexico

The New Mexico Allied Council on Tobacco (NM ACT) and partners hosted a two day conference on May 6 - May 7, 2019, at the Marriott Pyramid in Albuquerque. Their mission this year was "Convergence: Weaving partnerships and education to transform community norms through tobacco policy", and this was done through providing communities and organizations with keynote speakers, track sessions, awards luncheon, and professional networking.

The conference offered specialty tracks to choose from, which included:

- Tribal
- University
 - Tobacco Free College Policy
 - Community Health Assessment
 - Educating Communities, Securing Funds, and Surveying
- Multi Unit Housing
 - HUD Rule for Multi-Unit Housing
 - Community Cessation Opportunities
 - Dealing with Infractions

Attendees had the opportunity to hear from influential figures, Hon. Regis Pecos (NM Speaker of the House), Thomas Carr (National Director, American Lung Association), and Dr. Dona Upson (Professor of Medicine, UNM).

Specifically, the tribal track had an array of topics that participants could utilize in their own community. It consisted of:

- Presentation from Zia Elder, Celestino Gachupin: Traditional Tobacco
- Policy Cafe, hosted by Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC) team
- Presentation from Michele Suina (AASTEC) about Indigenous Data Sovereignty
- Action Panel facilitated by Janna Vallo (AASTEC), featuring Joseph Blazer (Mescalero Apache), Margaret Merrill (Oso Vista Ranch Project), and Lori Gutierrez (Pojoaque Pueblo)

The track sessions wrapped up with a **Media Literacy - Know the Truth Campaign** presentation by Navajo comedian, Ernie Tsosie.

Overall, the NM ACTion Conference was very successful filled with inspiring speakers, valuable content, toolkits, and partnership opportunities.

Congratulations!

Acoma Behavioral Health Services & Pueblo of Acoma Taxation and Administration Office recieved a prestigious award that recognized their efforts and taking action in tobacco control by improving and saving lives by reducing commercial tobacco use.

We look forward to next year!





Conference Materials & Presentations:

NOW AVAILABLE on the <u>NM ACT website</u> for registered users.

If not registered <u>click here</u>, it is simple and FREE, all it requires is an username, email, and password.

2019 Pueblo Crossroads Pueblo of Jemez

On Wednesday, May 22, 2019 the Pueblo of Jemez will be hosting a FREE 5K/10K at the Walatowa Youth Center at 6:30pm.

On Site Registration: 5:00pm

For more information:

Karen Toya P: (575) 834-7059



Blues & BBQ - World No Tobacco Day Celebration Mescalero Apache

On Friday, May 31, 2019 at 5:00pm, the Mescalero Tribal

Tobacco Cessation Prevention Program (MTTCPP) will be hosting a FREE Blues & BBQ event in Mescalero (249 White Mountain Dr. Mescalero, NM 88340).

For more information:

<u>Joseph Blazer (MTTCPP Program Coordinator)</u>



What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

View an archive of past newsletters <u>here.</u> Sign up to receive future newsletters <u>here.</u>

Smoke Free Signals | 505-837-2104 | smokefreesignals@gmail.com| www.SmokeFreeSignals.com

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