



Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

Community Success

Navajo Nation Tsé Alnaozati'i Chapter approves tribal tobacco policy to protect community members

On April 20th, Chapter leadership passed a commercial tobacco free resolution for the Tsé Alnaozati'i Chapter. The policy was the result of grassroots efforts led by Jody Mike-Bidtah in January of this year.

Jody started the year with a goal of educating on traditional vs. commercial tobacco use, establishing designated smoking areas within the community, empowering others to make healthy choices, and create a sustainable smoke free policy for the Chapter.

Jody began by organizing a commercial tobacco-free policy committee to ultimately define a policy for the community. She hosted a poster contest for community youth to raise interest and involvement for the the policy efforts. Her hard work resulted in a signed policy banning all commercial tobacco use within 75 feet of all Chapter offices, building entrances and windows. The policy also mandates that signage be posted at all Chapter offices and buildings to communicate the new policy to employees, tribal members, and visitors.

Jody is a Community Health Leader and grant recipient of the Smoke Free Signals Community Health Leadership Program. If you are interested in receiving funds to implement a smoke or tobacco free policy in your community, be on the lookout for our next application cycle in July!



Tobacco in the Media

FDA releases new video: Chemicals in Cigarettes: From Plant to Product to Puff

You probably know that cigarettes can kill you-in fact, smoking kills half of those who don't quit. But do you really have the full story? Do you know how many harmful chemicals are in cigarettes or how they get into the product?

FDA created this video and interactive tools to lay the foundation for an important public health goal: to publish a list of the levels of harmful and potentially harmful chemicals in commercial tobacco, in a way that is easy for the public to understand. As an important step toward that goal, we invite you to explore the chemicals in tobacco in three stages of cigarettes, from plant to product to puff, in the video below.



Chemicals in Cigarettes: From Plant to Product to Puff

Event Calendar

Tobacco Settlement Revenue Oversight Committee Meeting



Who should attend: If your tobacco control program receives money from the New Mexico Department of Health Tobacco Use Prevention and Control Program or the New Mexico Indian Affairs Department. Come and provide public comment to share the great work your community is doing and the importance of continuing to fund tobacco prevention and education efforts statewide.

When: Thursday, July 12, 2018

Where: New Mexico State Capitol
490 Old Santa Fe Trail, Santa Fe, NM 87501

What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

View an archive of past newsletters [here](#). Sign up to receive future newsletters [here](#).

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