May 15, 2020



# Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

## **No Menthol Sunday**

## "Awake, O Sleeper"

Join others nationwide on May 17th to participants in No Menthol Sunday. This event is a national observance day led by NAATPN, Inc.



For more information about this event and available resources please <u>click here.</u>

#### No More New Mexico



NO MORE NEW MEXICO

is available to help!

## **Young Adults**

No More New Mexico is a campaign dedicated to assisting young adults (18-29 years old) in NM to live commercial

(18-29 years old) in NM to live commercial tobacco-and nicotine-free lives. This could include receiving help with quitting a product, abstaining, or leading efforts for commercial tobacco-free spaces. No More NM

To learn more about this exciting campaign please <u>click here.</u>

## **Upcoming Webinar**

## Strategies to Reopen Tribal Casinos 100% Smokefree

Join the National Native Network, the American for Nonsmokers' Rights Foundation, Black Hills Center for American Indian Health, and the Southwest Navajo Tobacco Education Prevention Project for a FREE



webinar. On Friday, May 15, 2020 (TODAY) speakers will include more information on the following topics:

- Impacts of COVID-19 in relation to re-opening tribal casinos as smoke free
- Health benefits of having tribal gaming smoke-free casinos
- Cultural benefits in reclaiming our sacred use of ceremonial tobacco

To register <u>click here!</u>

For questions please contact, Clinton Isham or Hershel Clark

## **Upcoming Conference**

#### 2020 NMACTion Conference

UNITED: Invigorating partnerships to prevent commercial tobacco use for a healthier New Mexico.

NM ACT will be hosting a **virtual conference** for partners and organizations on **May 27-28, 2020** via Zoom.



This year's Keynote speakers include the talented Navajo Comedian, **Ernie Tsosie** and two time Olympic Medalist, **Leo Manzano**.

Tracks include (CEUS will be provided for joining the conference live):

- Youth and Families
- Behavioral Health
- LGBTQ

To register please <u>click here</u>

For additional questions please contact: Tee Benally

### **FREE Resource**

#### **Menthol**

The cooling effects of menthol in combustible cigarettes products reduces the harshness of inhaling



smoke. As a result, it surpasses the coughing reflex and make inhaling smoke more tolerable! These effects may make menthol cigarettes and e-cigarettes more appealing to young, inexperienced smokers.

For more info click here Download PDF here

### What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!

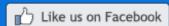


This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

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