



Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

No Menthol Sunday

"Awake, O Sleeper"

Join others nationwide on **May 17th** to participate in **No Menthol Sunday**. This event is a national observance day led by NAATPN, Inc.



For more information about this event and available resources please [click here.](#)

No More New Mexico



NO MORE
NEW MEXICO

Stand with us to say "NO MORE" of big tobacco targeting New Mexico's young adults.

is [available to help!](#)

Young Adults

No More New Mexico is a campaign dedicated to assisting **young adults** (18-29 years old) in NM to live commercial tobacco-and nicotine-free lives. This could include receiving help with quitting a product, abstaining, or leading efforts for commercial tobacco-free spaces. No More NM

To learn more about this exciting campaign please [click here.](#)



WHAT IS MENTHOL?

Menthol is a chemical compound extracted from peppermint or corn mint plants, or created synthetically.

(Truth Initiative)

smoke. As a result, it surpasses the coughing reflex and make inhaling smoke more tolerable! These effects may make menthol cigarettes and e-cigarettes more appealing to young, inexperienced smokers.

For more info [click here](#)

Download PDF [here](#)

What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

View an archive of past newsletters [here](#). Sign up to receive future newsletters [here](#).

Smoke Free Signals | 505-837-2104 | www.SmokeFreeSignals.com

STAY CONNECTED:



Like us on Facebook

Follow us on **twitter**