



Sustainability

Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family, Responsibility to Community, Humility, Health, Love, Community, Empowerment,

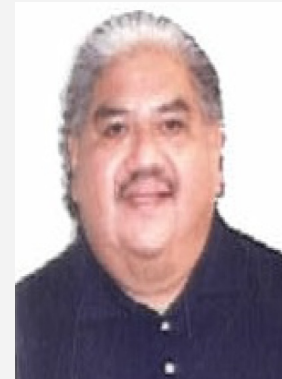
Meet this week's Health Educator

Dennis Wanya

Dennis Wanya is an enrolled member of the Pueblo of Acoma. Although his official role within the Pueblo is Tax Administrator, Dennis has been an integral part of the commercial tobacco prevention initiatives developing in the Pueblo of Acoma. The Taxation and Assessments Office is currently in its third year of commercial tobacco cessation and prevention programming, funded by grants from the New Mexico Indian Affairs Department.

The Office's work is education-based, informing Acoma community members on commercial tobacco health risks, prevention education, and available cessation programs. Last year, in partnership with the Behavioral Health Services Program, the Tax and Assessments Office embarked in digital storytelling--creating a video geared to five to 15-year olds on the non-use of commercial tobacco. The program also added 'No Smoking' signs to many community spaces including restaurants, hotel, and travel center.

You can contact Dennis [here](#) or by calling (505) 552-5126.



The Cigarette Butt Cycle

By Tammi Meissner

Quick Facts:

- Cigarette butts are **toxic** to our ocean animals and to us.
- Cigarette filters are made of cellulose-acetate, which is **not biodegradable**.
- According to San Diego State University Public Health Professor Tom Novotny, "Even one butt in a liter of water can kill the fish in a period of **96** hours."
- Ocean animals like crabs and salmon can then filter toxins into their systems and transmit the **toxins to humans** when the animals are eaten.



- Over time, these toxins can **affect human health**.

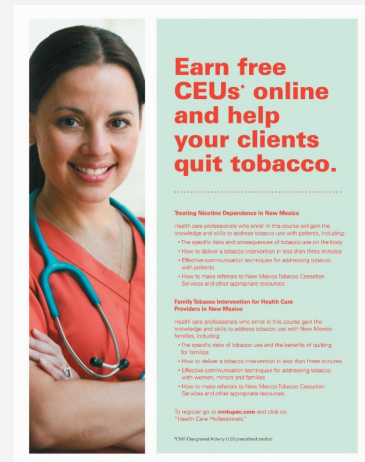
It is time to **stop the "Butt Cycle."** There needs to be a shift in individual and collective thinking to classify cigarette butts as toxic waste and they should be disposed of in a way that does not hurt our environment. View the full screen Cigarette Butt Cycle infographic [here](#).

Tobacco Cessation Resource

Earn free CEU's!

Health professionals serving Native American communities can earn free CEUs online and help their clients quit commercial tobacco. This PDF contains links to free online training.

Learn more [here](#).



Event Calendar

What's going on in the community.

Ask the Experts Virtual Session - Health at Home: Adult Smoking and Adverse Childhood Experiences in Multi-Unit Housing

Date: February 17, 2017

Time: 12:30 - 2:00 PM MST



Eliminating indoor smoking is the only way to protect nonsmokers from the harmful effects of tobacco smoke. For residents of multi-unit housing, secondhand smoke can be a major concern, as it can migrate from other units and common areas and travel through doorways, cracks in walls, electrical lines, plumbing, and ventilation systems. Secondhand smoke exposure is especially concerning for children, who are in a critical stage of development. Adverse childhood experiences (ACEs) overall also pose a serious threat on health across the life course. How does adult smoking in multi-unit housing and ACEs intersect and where are the opportunities for public health to collaborate across sectors? The perspectives across maternal and child health, tobacco prevention and control, health equity, and injury prevention will be explored through the Association of State and Territorial Health Officials (ASTHO)'s Ask the Experts Virtual Session.

ASTHO has invited Dr. Camara Jones (Past APHA President), Darlene Huang (Tobacco Control Legal Consortium), and Dr. Joan Gillece (National Association of State Mental Health Program Directors) to participate on a panel moderated by Dr. Rahul Gupta (State Health Officer of West Virginia). These subject-matter experts will highlight and explore the intersection of adult smoking and ACEs with multi-unit housing, introduce the public health implications of this crossroads, and answer questions from you related to their area of expertise.

[When you register](#), submit up to two questions that will be addressed by the speakers during the panel. The session will offer an engaging discussion among the panelists and will

allow them to apply their different expertise areas to the intersections of tobacco control work with other disciplines. Participants will gain insight on how to engage stakeholders across these public health areas, implement their work with new framing, and prevent unintended consequences for disparate populations as a result of policy and program interventions.

Click [here](#) to see the full event calendar. If you have an event in your area that you would like to add to our calendar, please share it with us [here](#).

What now?

Moving Forward.

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics, and successes.

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