



Secondhand Smoke Protections in Tribal Communities

Mission and Core Values

To provide commercial tobacco secondhand smoke awareness and resources to New Mexico tribal communities, improving health outcomes.

Respect, Culture, Family Responsibility to Community, Humility, Health, Love, Empowerment, Sustainability, and Community

Community Success

Oso Vista Ranch Project to Support Navajo Epidemiology Center



Oso Vista Ranch Project has been awarded a multi-year contract with the Navajo Nation Department of Health Epidemiology Center to provide commercial tobacco prevention education support in all Navajo Nation Chapter communities through video outreach, youth storytelling, and cessation services. This effort is a part of a larger goal of the Navajo Epidemiology Center to provide education and awareness about the health effects of commercial tobacco, increase opportunities and access to physical activity, increase access to healthy foods and beverages (with a focus on traditional foods) and ensure that cultural values serve as the foundation for awareness and implementation. The funding was made possible through a cooperative agreement known as Good Health and Wellness in Indian Country through the Centers for Disease Control and Prevention (CDC).

The New England Journal of Medicine

Adolescents' Use of "Pod Mod" E-Cigarettes - Urgent Concerns

Adolescents' use of electronic cigarettes initially took the public health community by surprise. In 2011, less than 2% of U.S. high school students reported having used e-cigarettes in the previous month. But by 2015, the percentage had jumped to 16%. The following year, the U.S. Surgeon General issued a report concluding that e-cigarette use among young people was "a public health concern." Ensuing public education campaigns and policies helped bring the prevalence of past-month e-cigarette use among U.S. high school students down to 11% in 2016.



A recent evolution in technology and marketing may threaten this progress. A new product class called "pod mods" - small, rechargeable devices that aerosolize liquid solutions containing nicotine, flavoring, and other contents encapsulated in cartridges - appears to be gaining traction. There is reason to be concerned that adolescents' use of pod mods is not a passing trend and could bring a host of adverse health consequences to the current generation of adolescents and young adults.

Although there may be far less diversity and quantity of toxins in e-cigarette aerosol than in combustible cigarette smoke, e-cigarettes are not without risks. Their aerosol can include metals, volatile organic compounds, and flavoring additives, which may be harmful when inhaled, particularly to adolescent users, who in fact are more likely than nonusers to report having respiratory symptoms.

Read the [full article here](#).

Event Calendar

National Native Network Webinar: Southwest Tribal Tobacco Coalition



The Inter-Tribal Council of Michigan's National Native Network with Indian Health Service Health Promotion & Disease Prevention and the Indian Health Service Clinical Support Center present a webinar series: **Cancer Risk Reduction in Indian Country**.

CEUs are available for those who register in advance and complete a post-webinar survey.

Title: Southwest Tribal Tobacco Coalition

Date: Wednesday, August 29, 2018

Time: 1-2 PM, MST

[Register here](#)

Learning Objectives/Outcomes:

By the end of the webinar, participants will be able to:

1. Differentiate between traditional and commercial tobacco and its use.
2. Build a community tobacco control coalition that provides cessation support for American Indian adults and youth who smoke cigarettes, and those who use other types of commercial tobacco.
3. Implement practices that incorporate meaningful participation from coalition members.

Presenter: Janna Vallo, MPA, CPS

Commercial Tobacco Control and Prevention Coordinator,
Albuquerque Area Southwest Tribal Epidemiology Center

Target audience: Nurses, health educators, administrators, and support staff working with American Indian and/or Alaska Native communities.

What now?

We encourage you to read all the articles in this and upcoming newsletters, and to share and forward these emails to people within your network to help keep everyone up to date!



This is a free notification service that provides the latest on commercial and traditional tobacco news, events, topics and successes.

View an archive of past newsletters [here](#). Sign up to receive future newsletters [here](#).

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